Montreal Cup 2019

New Location: Vanier College
821 Avenue Sainte-Croix, Saint-Laurent, QC H4L 3X9

Date: Saturday March 2 and Sunday March 3, 2019

!!! Only $41 per participant !!!
$20.50 for second registration !!!

REGISTRATION: ONLINE ONLY

Athletes: www.trackiereg.com/coupedemontreal2019
Coaches: www.trackiereg.com/coupedemontreal2019coach

1st division: $41 before February 22, 2019, $51 between February 23 and 27.
2nd division: $20.50 before February 22, $25.50 between February 23 and 27.

A U-18 can compete as a U-21/senior on Sunday. Two tournaments on the same weekend.

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The Montreal Cup 2019 offers a comprehensive program designed to cater to a wide range of participants and skill levels, ensuring an engaging and dynamic experience for all involved.

### Tournament Format

**Saturday, March 2, 2019**

- **Categories and Weigh-ins**
  - **U-12**
    - Friday March 1, 8pm to 10pm
    - Saturday March 2, 7:30am to 8:15am
  - **U-14**
    - Friday March 1, 8pm to 10pm
    - Saturday March 2, 11am to 12 noon
  - **U-18**
    - Friday March 1, 8pm to 10pm
    - Saturday March 2, 1pm to 1:45pm

**Points for Provincial ranking**

**Points for Selection to the 2019 Canadian Championship**

### Online Registration

Online registration is available by March 1st at www.trackiereg.com/coupedemontreal2019coach.

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**Parking**

Parking is available for $10.00.

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**Location**

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**Fondation Nakamura & Gill**

Fondation Nakamura & Gill, 5319 avenue Notre-Dame-de-Grâce, Montréal, H4A 1L2, Telephone: 514-481-2424, FAX: 514-481-0074, EMAIL: fondation_ng@bellnet.ca

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**Principal Sponsor**

Pizza Pizza is proud to be associated with la Fondation Nakamura & Gill and supports its community goals.

Have a great Tournament!!

Discover the luxury, elegance and comfort of our 4 star hotel complex with free parking, training center open 24/7, Free WiFi, Spa, Salon, Hair dresser, Barber and more.

Reserve your stay at the official tournament hotel: RUBY-FOO’S 7655, boul. Décarie, Montréal, H4P 2H2, 514-731-7707, N.B. Special offerings if you mention judo coupe de Montréal 2019.

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Nicolas Gill
7th Dan
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1st division: $41 before February 22 2019, $51 between February 23 and 27.  
2nd division: $20.50 before February 22, $25.50 between February 23 and 27.

A U-16 born in 2004 can compete as a U-18 on Saturday. 2 TOURNAMENTS ON THE SAME WEEKEND.***

*** U-16 born in 2005 can move up a class if approval is granted

<table>
<thead>
<tr>
<th>Date</th>
<th>Born</th>
<th>Divisions</th>
<th>Weigh-in</th>
<th>Sex</th>
<th>Grades</th>
<th>Kilos</th>
<th>Format</th>
<th>Combat</th>
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<tbody>
<tr>
<td>Sunday</td>
<td>March 3</td>
<td>U-16</td>
<td>Monday</td>
<td>F</td>
<td>Yellow &amp; Orange</td>
<td>-36,-40,-44,-48,-52,-57,-63,-70,+70</td>
<td>Modified</td>
<td>Approx start 9:30am</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>M</td>
<td>Yellow &amp; Orange</td>
<td>-38,-42,-46,-50,-55,-60,-66,-73,+73</td>
<td>Double elimination 3 minutes</td>
<td>Approx end 12:00pm</td>
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<tr>
<td></td>
<td></td>
<td>Points for Selection to the 2019 Canadian Championship</td>
<td>Wednesday</td>
<td>F</td>
<td>Green +</td>
<td>-36,-40,-44,-48,-52,-57,-63,-70,+70</td>
<td>Modified</td>
<td>Approx start 9:30am</td>
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<td></td>
<td></td>
<td></td>
<td>M</td>
<td>Green +</td>
<td>-38,-42,-46,-50,-55,-60,-66,-73,+73</td>
<td>Double elimination 3 minutes</td>
<td>Approx end 12:00pm</td>
</tr>
<tr>
<td>Sunday</td>
<td>March 3</td>
<td>U-21 &amp; Senior</td>
<td>Saturday</td>
<td>F</td>
<td>Yellow &amp; Orange</td>
<td>-36,-40,-44,-48,-52,-57,-63,-70,+70</td>
<td>Modified</td>
<td>Approx start 9:30am</td>
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<td>-38,-42,-46,-50,-55,-60,-66,-73,+73</td>
<td>Double elimination 3 minutes</td>
<td>Approx end 12:00pm</td>
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<tr>
<td></td>
<td></td>
<td>Points for Provincial ranking + for Belt Grade</td>
<td>Saturday</td>
<td>F</td>
<td>Green +</td>
<td>-36,-40,-44,-48,-52,-57,-63,-70,+70</td>
<td>Modified</td>
<td>Approx start 12:45pm</td>
</tr>
<tr>
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<td></td>
<td></td>
<td></td>
<td>M</td>
<td>Brown +</td>
<td>-36,-40,-44,-48,-52,-57,-63,-70,+70</td>
<td>Double elimination 3 minutes</td>
<td>Approx end 5:30pm</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Sunday</td>
<td>M-F</td>
<td>Yellow + Orange Brown</td>
<td>All categories</td>
<td>Modified</td>
<td>Approx start 12:45pm</td>
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<td></td>
<td>M-F</td>
<td>Brown +</td>
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<td>M-F</td>
<td>Non mixte Green + Brown</td>
<td>All categories</td>
<td>Modified</td>
<td>Approx start 12:45pm</td>
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<td>M-F</td>
<td>Non mixte Brown +</td>
<td>All categories</td>
<td>Double elimination 3 minutes</td>
<td>Approx end 5:30pm</td>
</tr>
</tbody>
</table>

**Eligibility:** Must be a member in good standing with Judo Québec, or other association recognized by Judo Canada or IJF.

**Coaches:** All coaches must be at least assistant dojo instructors, members in good standing with Judo Québec or other associations recognized by Judo Canada or IJF. All coaches must register online before the cutoff date of February 22.

**Please note carefully:** During the official weigh-in, there will be a $20 charge for all errors made at registration. Example wrong division or belt colour. For trainers and coaches that did not register online, there will be a $5 charge for registering after February 22, 2019.

For cancellations made between February 23 and February 27, there will be a $10 administration charge.

There will be no refund for cancellations made after February 27, regardless of reason.

**Obligatory:** It is obligatory to have your Judo Canada affiliation membership card for current year. For U18 and older, please have an identity card with photo.

Every year the Fondation offers financial support to the Jeux de Montréal.