



## EASTERN CANADA OPEN KATA CHAMPIONSHIP

**SANCTIONED by:** Judo Canada (A-sanctionned) and Judo Quebec

**AN OPEN MAT TRAINING SESSION WILL BE AVAILABLE ON FRIDAY, MARCH 20, 2026, FROM 9:00 AM TO 5:00 PM. Open to all.**

**DATE :** Saturday March 21, 2026  
Sunday March 22, 2026

**VENUE :** Complexe Sportif Vivacité  
**CLUB DE JUDO DU HAUT-RICHELIEU**  
275 av. du Parc  
Saint-Jean-sur-Richelieu (Québec) J2W 1N1  
Tel.: 450-529-1146

**ELIGIBILITY:** Members in good standing with Judo Québec / Judo Canada or an organisation recognised by the IJF.

Divisions	Senior	Born in 2011 and earlier	Tori and Uke
	U21	Born in 2006 to 2011	Tori and Uke
	U18	Born in 2009 to 2011	Tori and Uke
	U16 (including U14)	Born in 2011 to 2014	Tori and Uke

Tori & uke	Senior tori	Brown belt (Ikkyu) minimum
	Senior uke	Blue belt (Nikyu) minimum
	U21 tori	Green belt (Sankyu) minimum
	U21 uke	Orange belt (Yonkyu) minimum
	U18 tori	Green belt (Sankyu) minimum
	U18 uke	Orange belt (Yonkyu) minimum
	U16 tori	Orange belt (Yonkyu) minimum
	U16 uke	Yellow belt (Gokyu) minimum

### KATA

Senior – U21 – U18	U16
Nage-no-kata – 3 series	Nage-no-kata – 3 series
Nage-no-kata – 5 series	Nage-no-kata – 5 series
Katame-no-kata	Katame-no-kata
Kodokan Goshin-Jutsu	Kodokan Goshin-Jutsu
Kime-no-kata	Ju no kata
Ju no kata	
Itsutsu-no-kata <sup>1</sup>	
Koshiki-no-kata <sup>1</sup>	

1 – Minimum rank shodan for tori and uke

**NOTE:** The age division requires that both partners be of the same age division, or they will be moved up to the next highest division if they qualify.

Example: if one partner is U16 and the other is U21, they would have to compete in the U21 division.

A team may move up to another division but must meet the requirements for that division.

A maximum of two (2) katas per age division as Tori and/or Uke.

A minimum of two (2) couples is required per kata to hold a kata division in a category.

In the event where there is only one (1) team in a division, they may demonstrate and be evaluated. They would receive medals.

For divisions with more than 12 entries, a format with preliminaries and final round can be used. Entries are separated into two groups for preliminaries. The top three (3) pairs of each group are placed in a random draw for the finals round to determine gold, silver and bronze. Preliminary scores do NOT carry over into the final-round scores

**COST** (You have to pay the fees if you are tori and uke) :

- \$55.00 CAD per participant for one (1) kata.
- \$82.50 CAD per participant for two (2) katas.
- \$110.00 CAD per participant for three (3) katas.
- \$1137.50 CAD per participant for four (4) katas.
- There will be no reimbursement unless the tournament is cancelled.

**Registration:** All participants and judges must register online at:

Trackie : <https://inscription.judocanada.org/fr/evenement/ouvertestcankata2026>

Registration end on : Sunday, March 15th, 2026, at 23 :59 EST

## **TOURNAMENT :**

Saturday morning	Start Kata	9h30 Nage no kata – 3 séries
Saturday afternoon	Start Kata	13h30 Nage no kata – 5 séries
Sunday morning	Start Kata	9h30 Katame no kata Kodokan Goshin-Jutsu Itsutsu-no-kata
Sunday afternoon	Start Kata	13h30 Kime no kata Ju no kata Koshiki-no-kata

**NOTE:** Should the number of registrations require it, the Tournament Director may make changes in the order of the kata and inform the participants of the change ahead of time.

**RULES:**

The tournament will follow Judo Canada and the 2024 IJF rules and regulations in judging this tournament.

Judo Canada judogis rules must be followed.

Female participants must wear under their judogi a white T-Shirt with short sleeves with a round collar (no V necks) and long enough to tuck into the judogi pants.

The judogi must be white. No judogi of any other colour will be accepted.

There are no gender divisions in the tournament. All combinations are accepted.

**MEDALS :**

For kata events medals are awarded to both tori and uke as follows:

One team	The pair must present the Kata. No competition gold medals awarded but participation medals and/or certificates may be awarded.
Two teams	1 set of gold and 1 set of silver.
Three teams or more	1 set of gold, 1 set of silver and one set of bronze.
In Nage-no-kata three (3) series, the same team cannot receive two (2) pairs of medals. They will receive the highest level and the following team will be placed on the next level.	

**SURFACES:**

There are two (2) surfaces of competition of eight (8) meters by eight (8) meters with a four (4) meter security between them.

White strips of tape, 50 cm long, will be fixed at six (6) meters at the center of the competition area to indicate the starting positions for Tori and Uke. There will also be a tape indicating the center of the competition area.

**INJURIES:**

Minor injuries should be handled as per IJF rules (SOR rule B1.9) :

Minor injury and illness:

- In case of a minor injury like bloody wound, broken nails or a problem with contact lenses, etc., and according to the decision of the judges, the kata performance will be stopped, and the athlete will be assisted by a doctor out of the competition area if needed. The competition will continue, and the pair will repeat entirely the kata after the last pair has performed.

- In case another minor injury happens to the same athlete during the second performance of the kata or after a forgotten technique or a major mistake, the pair will be given a score of 0 for the technique where the injury occurred as well as for the following techniques including the closing ceremony. A ranking will be assigned to them in the pool or in the final. If ranking them allows them to participate in the final, the next pair in the ranking from the pool will participate in the final.

Major injury or illness:

- When tori or uke is unable to continue to perform the kata because of an injury, illness or accident during the execution of the kata, the pair will be given a score of 0 for the technique where the injury occurred as well as for the following techniques including the closing ceremony. A ranking will be assigned to them in the pool or in the final. If ranking them allows them to participate in the final, and they are not physically able to compete, the next pair in the ranking from the pool will participate in the final.

**LODGING:**

We have not made any arrangements with the local hotels but here are the coordinates of the main ones in the area:

**Hôtel Holiday Inn (reservation code: YCD)**

725 Boulevard du Séminaire N.  
 Saint-Jean-sur-Richelieu (Québec)  
 J3B 8H1  
 Téléphone: (450) 348-7376

**QUALITY INN EXPRESS**

700 Rue Gadbois.  
 Saint-Jean-sur-Richelieu (Québec)  
 J3A 1V1  
 Téléphone : (450) 359-4466

<b>Tournament director</b>	Gérald P. Poirier	<a href="mailto:geraldpoirier2311@gmail.com">geraldpoirier2311@gmail.com</a> 514-686-0129
<b>Head judge</b>	Daniel De Angelis	<a href="mailto:daniel.deangelis59@gmail.com">daniel.deangelis59@gmail.com</a>